

## WHY ANACAPA DENTAL ART

## TABLE OF CONTENTS

### Why Choose a Prosthodontist? GO TO A PRO

A PROsthodontist is a dentist who has received two to three years of further training after dental school at an American Dental Association (ADA)-accredited institution. The program focuses on treating damaged and missing teeth and correcting less than ideal smiles using several treatment methods.

Often other dental specialists may participate in your treatment to help establish a solid foundation for your restorations. Every prosthodontist develops a treatment plan customized for each individual patient, and he will determine if adjunctive procedures by another doctor are necessary.

PROsthodontists are the experts in dental rehabilitation and have mastered many procedures including: crowns, caps, bridges, veneers, removable partial dentures, dentures and dental implants.

#### Benefits to You!

As a result of their training, PROsthodontists are masters in complete mouth rehabilitation and act as the architect, and "quarterback", of any extensive treatment that may involve other dental specialists.

Having the expert eye of a specialist diagnosing the condition of your mouth will ensure that no necessary treatment will go unhandled and that the restoration of your mouth will be achieved to the highest possible standard of care, leading to a more natural and longer-lasting result.

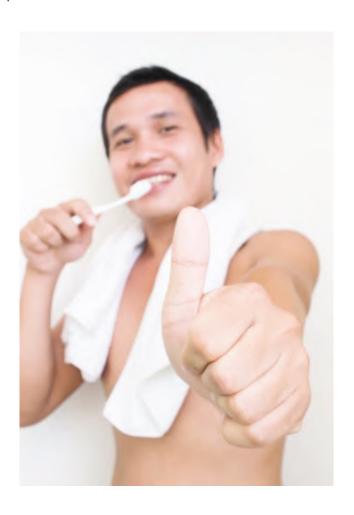
One of the major objectives of a PROsthodontist is to restore full balance and health to a mouth, and their extensive training experience will help you achieve more aesthetic results and better oral health.

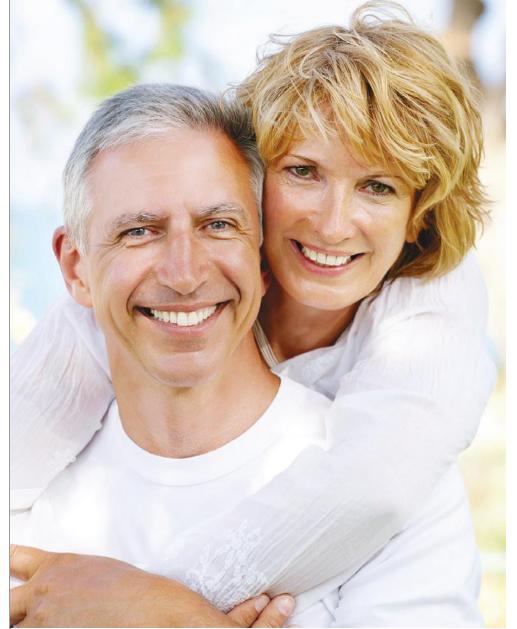
In addition to restoring dental implants with restorations, many prosthodontists are trained to surgically place implants as well.

### Fact:

Less than 2% of all Dentists are PROsthodontists.

In layman's terms, a PROsthodontist is a dentist who has completed three or more years of additional education after dental school to become an expert in the restoration and replacement of teeth.t







## Anacapa Dental Art Institute

- Look Better, Chew Better, Feel Better
- Page 4
- Who BenefitsPage 4
- The Proven SolutionPage 6
- My Story Page 8
- TestimonialsPage 11
- Don't Suffer with DenturesPage 13
- Have you been told you can't have a dental implant?Page 14
- Are you embarrased to smile?Page 16
- Meet the Doctors
  Page 17
- The Blunt TruthPage 18
- A single tooth can cause damagePage 18





#### Look Better, Chew Better, & Even Feel Better With Dental Implants.

Dazzle Your Smile...Supercharge Your Sex Appeal....Feel Whole Again...Regain Lost Chewing Function...Get Noticed By That Special Someone...Save Your Health...Get Back a Youthful Vibrancy...Look And Feel 10-20 Years Younger... Increase Your Chances of Living Longer.

Avoid Embarrassment...Energize Your Relationships...Eat the Foods You Want...Chew Comfortably and Confidently... Rekindle Romance...Live A Healthier Life...Preserve Your Health...Get Teeth that Look Good and Feel Good For A Lifetime......

This report reveals the amazing secrets of Anacapa Dental Art Institute using dental implants, the modern miracle that is bringing renewed smiles to the faces of patients from all over.

In this report, I will present my case - that you can have the smile you've always wanted while "ridding yourself of dental handicaps". You can get teeth that look good, feel good and chew comfortably while wiping out a serious unknown

threat to your longevity and the quality of your life. It takes one decision and it is fully supported by my proven system of dental therapy that was developed over 15 years of advanced training and real world experience.

If this sounds like outrageous hype, I understand – yet I assure you it is true and I can prove it.

I urge you to give this your serious and thorough consideration. I honestly believe it could very well be the information you need to know that could mean all the difference in your life.

I can't guarantee it'll change your life. But I can guarantee that it has changed many other patients' lives who had similar dental concerns and problems and it changed their lives dramatically for the better.



I can guarantee that you need to know the full implication of the detrimental (and often devastating) effects that dental handicaps and diseases, missing teeth, unattractive smiles and poorly functioning chewing mechanisms have on the quality and quantity for your life. It may sound exaggerated, but I assure you it's true.

## Who Benefits From Anacapa Dental Art Institutes Implant Dentistry?

- 1. Anyone who wants to preserve their remaining teeth while replacing the missing ones. By replacing the missing ones, you'll keep the rest much longer.
- 2. Denture wearers frustrated and tired of the problems of full dentures and partial dentures...sick of the goo, the pain, the embarrassment of teeth that can literally fall out in their plate at the worst possible moment.

- 3. Those with bone loss that is causing loss of support for the face or causing ugly, disfiguring appearances to the face and excessive wrinkles.
- 4. Those who have missing teeth or those about to lose teeth due to decay or fracture.
- 5. Accident victims who want to regain function and appearance.
- 6. Those who want cutting edge technology and techniques.
- 7. Those that have just "had it" with their teeth due to chronic problems and other dentists not having an answer for them.
- 8. Those whose teeth are otherwise perfect- except for just 1 or 2 missing teeth.
- 9. Those committed to a high level of dental health who are concerned about lifetime dental health.
- 10. Those with a mouthful of problems that just seem to get worse and worse regardless of what other dentists have tried.
- 11. Those with dentures that "float around" displacing at the worst possible times (also known as Murphy's Law of Denture Movement- it happens at the worst time when out with family or friends).
- 12. Those considering missing tooth replacement of any kind.
- 13. Those who have significant gum disease and are being "managed" while their bone shrinks away.
- 14. Those disappointed with earlier attempts to fix their teeth.
- 15. Those considering major dental work.
- 16. Those with replacement bridges that they really don't like having or are having destructive bridgework being recommended to them.
- 17. Those who don't want removable teeth at all.
- 18. Those that deserve the best that dentistry has to offer for the problems of missing teeth.
- 19. Those who want to recapture their youthful appearance.
- 20. Those who don't want to experiment with removable teeth or see if they can "get by" wearing dentures.
- 21. Those who want common sense and easy to understand answers to their functional and appearance related problems

If any of the above describes you, you're an ideal candidate for Anacapa Dental Art Institute. You'll receive your next installment shortly.

Call today to schedule a no cost consultation at our Oxnard location (805) 988-8985 or our Woodland Hills location (818) 888-3750.





## **The Proven Solution**That Gives a Great Smile and Healthy Teeth for Life

There are a lot of dental problems that people suffer from needlessly. I'm going to talk about them, to lay the groundwork for what I have developed to solve the relentless problems of missing teeth. They are as follows:

- A solution to virtually everything that people tell me they dislike about their teeth and their dental experiences regardless of how poorly they've been treated before or the "bad experiences" they've been through at the dentist as an adult or child.
- A proven solution to virtually every anxiety that threatens to prevent you from receiving dental care as frequently as you should.
- A solution that provides you with the chance to re-claim your dental health, to recover from neglect, injury or bad luck from your draw in the gene pool.

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What If?.....

#### There Was A Type Of Dentistry That You Could Experience That...

- 1. Would virtually guarantee you a better dental experience
- 2. Would give you a vibrant youthful smile you can be proud of
- 3. Would allow you to have gentle, comfortable dental care
- 4. Would afford you the opportunity to chew comfortably without worry of embarrassing moments,
- 5. Could free you from the dental diseases that threaten your longevity and the longevity of your loved ones (this is astonishing data you must know)
- 6. Is designed especially for your needs and to complete treatment in as few visits as possible
- 7. Lets you sleep well at night, secure in the knowledge you have received state-of-the-art dentistry based on the latest scientifically proven research, and
- 8. Gives you teeth that feel good and look good and were designed to stay that way.

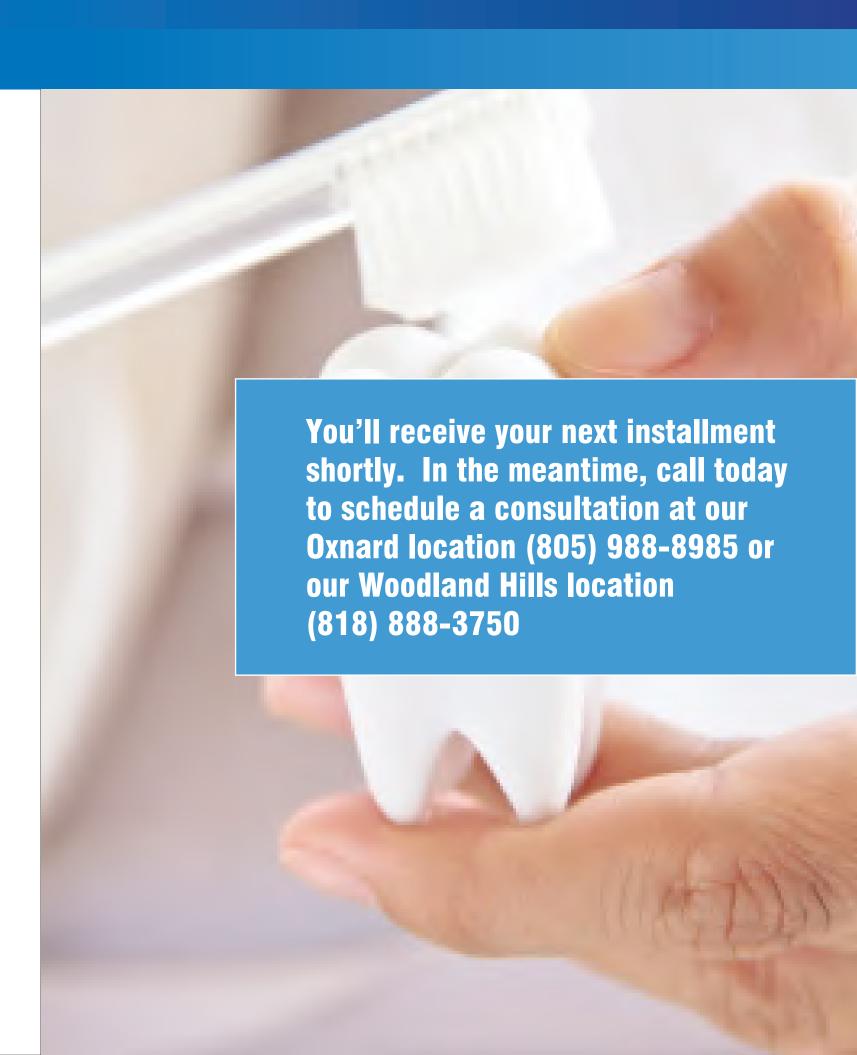
If that actually existed -how interested in it would you be?

How willing would you be to set aside past experiences and ingrained beliefs and habits to seriously consider a new and better way to reclaim or maintain your dental health?

How much is that worth to you?

You need to know its true value to your health and happiness and that's exactly what installment number three of this guide will do for.





## The secrets of dental implant dentistry and the struggle to find the truth How A Lucky Break Changed How We Practice Dentistry

In 1993 at the University of Oklahoma in Oklahoma City, a number of professors flashed slides of dental implants, for over an hour showing why, even though they had become predictable and very successful, we shouldn't do dental implants! There was very little education in dental implants and were told they were too confusing and too complex to be a routine treatment for our patients.

It was quite strange to wait until this point to suddenly reveal the supposed problems of dental implants.

As with most things in life, if someone doesn't want you to look at it, the reality is that there must be more to the matter than what you are being told. Dental implants, if they worked, solved problem after problem which traditional dentistry did not. Missing teeth are a HUGE problem for people.

The information written about them at this point was becoming quite large. In fact, the information was showing that dental implants were known to work and work quite well. Why had we been given so little education about this miracle that solved so many of the problems in ways that were better than what we been taught in dental school?



Implants worked very well with 95% success rates but they really weren't designed for that many people and the focus was again placed on "traditional" dental procedures. Baffling!

Groups of dentists were forming into special groups to study and help each other with the proper use of implants. In fact, there were doctors in these groups that had been successful using implants for 30 years!

During this time, the world's foremost implant dentist Dr. Carl Misch and Dr. Misch had literally "written the book" on the techniques that were the most successful.

In the meantime, call our Oxnard location (805) 988-8985 or our Woodland Hills location (818) 888-3750, for a consultation and we'll take good care of you.

Anacapa Dental Art Institute
"More than mere dentistry, helping you build a better life"

I've only had my implants for 2 weeks and I can eat all the foods I want again! I don't remember anything from my surgeries. I don't even want to think about how bad things were before. My life has been changed."

Rick -Ventura Insurance Sales, Implant and Sedation Dentistry Patient My natural teeth had been a source of embarrassment and pain for many years. The embarrassment was difficult enough to deal with but the pain was excruciating at times.

I will never forget waking up in early 2002 and discovering that several of the crowns in the front were loose. My biggest fear was having my teeth fall out while talking. I carried a mirror in my purse so I could check my teeth several times a day to make sure they were all there. I couldn't smile, as much as I wanted because I was afraid people would see my teeth - or lack of teeth.

During this time, I consistently made excuses for avoiding social situations, especially those that involved eating. I became known as the person taking all the pictures instead of being in them. I couldn't smile lest my teeth show and be recorded in family albums for all to see.

At Anacapa Dental Art Institute, I had many questions and all were answered completely and to my satisfaction. The surgery was scheduled and after years of avoidance, I was actually looking forward to starting the process. I was given medication to take both before and after surgery so I felt ready to deal with the pain. Immediately after arriving home, I took the pain medication as prescribed and then proceeded to sleep for several hours. Upon waking there was no pain and I did not need any additional medication. I immediately ran to the mirror and was completely surprised. The healing teeth looked great and I was ready to face

the world with a smile.

My happiness this past year has increased a hundred fold as years of stress have been lifted from my life. I also have started appearing in family photos after a thirtyyear absence. That will be a mystery to future generations as they review family albums!

My story would not be complete without giving complete credit and thanks to Anacapa Dental Art Institute and the staff. From my initial phone call last year to this point, I have experienced quality care from all members of the team at each and every appointment.

All procedures are performed in the office, which not only is comforting for fearful patients but also scheduling and travel hassles are eliminated. I am told in advance how long each appointment will take and in all cases, the time commitment has been met. This certainly makes it easy when scheduling around work and family obligations. The office is meticulously clean and free of loud noises. One gets the feeling of peacefulness, which reduced my stress.

I will forever be grateful for finding
Anacapa Dental Art Institute and entrusting
my dental needs to their care. The expertise,
professionalism, and sense of humor have
taken me from hopelessness to happiness
over this past year. Heather and Emily
are integral parts of the team as they
helped guide me through procedures,
appointments, and insurance claims.

Barbara

Malibu Public Speaker, Implant and Sedation Dentistry Patient

ANACAPA

8



### Your body thinks the dental implant is your very own - so will you!

Last time we went into the very simple process by which dental implants literally become a part of you in via a comfortable technique exclusively here in my practice.

Dental implants using this new Method are the most stable and economically far-sighted solution to the very real problem of missing teeth.

The Anacapa Dental Art Institute Method is one which I have done repeatedly for satisfied patients over many years.

It's one thing to have a unique Method but there's even more to it than just that. My friendly staff also has in-depth training and great experience in this area and will be happy to answer any questions that may occur to you.

"I was always surprised at how quick the visits went by even though when I woke up I realized that I had been in the office for a couple of hours. Thanks to dental implants my new lower teeth are rock solid. I would never go back to a denture!"

Paul - Sedation and Implant Dentistry Patient Retired Military, Seattle

"I don't remember a thing from my surgery. Thanks to Anacapa Dental Art Institute, my teeth don't fall out in the swimming pool anymore!"

10

Norm---Sedation, Implant and Cosmetic Denture Patient Heavy Machinery Operator, LA

#### ANACAPA DENTAL ART INSTITUTE

### HOW TO GET YOUR TEETH IN ONE DAY

### Do You Think You'll Suffer With Dentures Forever?

# You Can't Wear Dentures Another Day? You Can't Smile and Chew Like You Used To?

For those wearing dentures, right here in Seattle, we also have a complete approach to replacing lost or failing teeth that really works. Denture wear is a pain for millions that didn't have good dental care growing up or who had bad luck with the teeth they inherited from their parents.

As I have family members who had to suffer with dentures and if you suffer with denture wear, there's a special place in my heart for you which is why I came up with solutions for those of you wearing dentures or who are about to be forced into dentures.

I am deeply concerned when I see people, especially those with dentures, who honestly want to smile confidently, chew confidently, look younger and be healthier. This includes many people who are bitterly disappointed with their old dentures, partials or failing teeth, who desp air over earlier failed attempts to get their teeth straight, and who were never told the truth about what denture wear would be like.

Dentures were invented in the 1700's. After 300 years of use, it's time they are permanently retired and my Method is designed to do just that.

Dental Implants Restore Lost Chewing Ability, Improve Appearance, End Embarrassment, and Give You Real Self- Confidence. They are a Real Breakthrough.

Today dental implants are becoming the professions' preferred method of replacing missing teeth for those on the leading edge of dental technology.

Because of proven success, preservation of existing teeth, giving a replacement option to those suffering with dentures and partials, and no susceptibility to dental decay (cavities), *dental implants are the answer to missing teeth*.

11

To schedule your consultation and to get going on your next step, call our Oxnard location (805) 988-8985 or our Woodland Hills location (818) 888-3750.

## Anacapa Dental Art Institute

"More than mere dentistry, helping you build a better life"



## **You Can't Have A Dental Implant?**

If you have been told you aren't a candidate because of a lack of supporting bone, you should come in and see us. We can almost always figure out ways to solve that problem so you can have implant restorations with today's techniques. There are new versions of dental implants being approved almost every month. Even if you were told you couldn't have a dental implant a year ago, it's likely that things have changed since then and there is a new way to help you. One sure sign of being on top of these constant new developments is what my colleagues have to say.

You probably didn't know this but I'm recommended by more of my fellow dentists then any other in the entire Northwest Region, British Columbia, and Alaska. Here's just one example.....

"Anacapa Dental Art Institute is head and shoulders above what you may have experienced elsewhere. Because of the advanced training and passion for doing challenging dentistry and doing it well, you can count on them to do your treatment right. For Anacapa Dental Art Institute this means giving you long lasting beautiful results."

Dr. Charles W. M, DDS, MAGD, DICOI, FIADFE

"Anacapa Dental Art Institute is not only an IronMan Triathlete, they also has a dedication to dentistry. Wouldn't you like the care from someone who is able to focus their talents so well? Anacapa Dental Art Institute's commitment to providing the best for their patients is exemplified by the awesome smiles they create. They are an excellent implant dentist and can help you chew comfortably with all the skills they has mastered.

Dr. Joseph G. M, DDS, Cosmetic and Implant Dentistry

"Anacapa Dental Art Institute is a highly regarded health professional who has sought the education & experience to meet your dental needs. I would encourage anyone to visit ADAI & staff and seize the opportunity to receive highly regarded care. Discover your hidden potential when your oral health has been re-established to function & look its best."

Dr. Randall H. H, D.D.S., PA.

"Anacapa Dental has advanced training & is very caring, friendly, & knowledgeable in the field of dentistry. I would highly recommend my family & friends to go to them exclusively. They are graduates of one of the most prestigious schools of Implant Dentistry."

Dr. William E. A, D.D.S., D.D.O.C.S., P.C.



You can read literally dozens of other examples at our website anacapadental.com along with 60 plus patient success stories.

In the next installment, we'll give you

schedule your consultation

a simple list that will help you decide if the Anacapa Dental Art Institute Method is right for you.

Oxnard location (805) 988-8985 or our Woodland Hills location (818) 888-3750



### MEET THE DOCTORS

## Are You Embarrassed To Smile Or Open Your Mouth Because Of Missing Teeth, Unattractive Replacements, Or Ill-Fitting Dentures Or Partials?

30 million people in the U.S. have no teeth in one or both jaws but mostly are unaware of what dentistry can do to improve their health. Tens of millions more have lost a few teeth.

Implants can restore your chewing function to the same as someone with natural teeth. The following list can help you decide whether my Method of implant dentistry will benefit you.

#### Do You Suffer From These Effects of Missing And Failing Teeth?

Pain w	hen I chew			
Anxiet	Anxiety about my smile			
Difficu	Difficulty in dealing with stress because my teeth			
Social	Social embarrassment due to dental problems			
	Difficulty in sleeping			
	_ Difficulty swallowing			
	ge in foods I eat or can chew			
	lty in adjusting to life without my own teeth			
Altered	d taste of food			
Face f				
Inconv				
	of support for my face			
Shrink				
Must u	use denture adhesives			
Gag R				
_	to feel whole again			
	reath that won't go away			
	lder than I am			
	of self esteem			
	ssion over my teeth			
Unattr				
Difficu				
Mouth	,			
Difficu				
Unstal				
	ng sensations			
Unnat				
	tions of foods that I can eat or which restricts my diet			
Ashan				
Increa				
Shrink				
	tive disorders			
	ness in face and lips			
Heada				
	rawal from social interaction or events			
	trapped between or under my teeth			

Difficulty in dating relationships or sex life because of my teeth

(Check the one(s) that apply to you)

If you checked 2 or more of the above problems, then the Anacapa Dental Art Institute Method of dentistry can help you.

## If you checked

#### Dr. Jivraj

Dr. Saj Jivraj completed his dental degree at the University of Manchester in England and his advanced prosthodontic training at the Herman Ostrow School of Dentistry at the University of Southern California. He is the former Chairman Section of Fixed Prosthodontics and Operative Dentistry at University of Southern California School of Dentistry.

Dr Jivraj has published numerous articles on esthetic and implant dentistry in peer reviewed journals, and has presented on aspects of Implant dentistry and advanced prosthodontic procedures both nationally and internationally.

He is co-author of the textbook "Treatment Planning in Implant Dentistry," published by the British Dental Association. He is on the editorial board of the Journal of Esthetic and Restorative Dentistry, ad hoc reviewer for the Journal of Prosthetic Dentistry and is Associate Clinical Editor for Dental Teamwork magazine.

He currently holds a Faculty Position as an Associate Clinical Professor at the USC School of Dentistry, clinical teacher at the Eastman Dental institute in London and is on the Board of Directors for the British Academy of Restorative Dentistry.



He maintains a private practice limited to prosthodontics and implants dentistry in Oxnard and Woodland Hills, California.

#### Dr. Reshad



Dr. Reshad has published in numerous peer-reviewed journals on various topics related to prosthodontics, implant dentistry and aesthetic dentistry. He maintains a private practice limited to prosthodontics in Woodland Hills.

Mamaly Reshad is a prosthodontist and the former Chairman for Fixed Prosthodontics and Operative Dentistry at the University of Southern California in Los Angeles. He qualified as a dentist in 1993 from King's College London. He completed his master's in Conservative Dentistry with Distinction at the Eastman Dental Institute. He has also completed a three year full-time specialist training in advanced prosthodontics at University of Southern California School of Dentistry.

He is licensed to practice in California as well as the UK and practiced as a specialist in prosthodontics at the University of Southern California faculty practice. He has published in and is on numerous peer-reviewed journals and textbooks on various topics related to prosthodontics, aesthetics, and implant dentistry.

Dr. Reshad is on the editorial board for the highly prestigious Journal of Aesthetic and Restorative Dentistry. He is an honorary clinical teacher at the Eastman Dental Institute and a member of the faculty of the Global Institute for Dental Education.

## **The Blunt Truth about Missing Teeth**

Missing Teeth Biologically Impair Men and Women

Man is the only animal that can survive without its teeth. But how well?! Only the ignorant would fail to recognize the implication of this: missing teeth undoubtedly hampers the human being by making it more difficult biologically to function.

#### You Will Need Your Teeth Longer

Man is living longer. The average age lifespan continues to lengthen. At the time of Alexander the Great, the average lifespan was 21 years of age! In 1900, it was 48. Scientists are now predicting 150-year life spans within the next fifteen to fifty years. *People are living longer. They need their teeth longer - YOU will need your teeth longer than you ever imagined.* 

## Missing Teeth Help Destroy Self Confidence And Change How You Smile (Do You Hide your Smile?)

It is readily apparent when a front tooth is missing. It is a big deal and everybody knows it. But what about the teeth on the side that are missing?

#### Some people kid themselves into thinking it doesn't show.

Do you hold your lips a certain way...so no one can see your "space?" Do you turn away from people... even if only slightly to mask the 'gap'?

Do you restrict your smile from a big grin even at the funniest moments?

## A Single Missing Tooth Can Cause Damage That You Can't Feel or See Until It Is Often Too Late

Just one tooth.

That's right-ONE. One missing tooth can cause a cascade of events that have led millions of people to lose teeth needlessly. For some, denture wear was the end result of not taking care of one tooth in the back!

It is the missing tooth that doesn't show that causes people to kid themselves into thinking "everything is ok". It isn't.

Few, if any people, would dream of leaving a gap in the front of their mouth ... virtually ruining their smile. But many will do it in the back of their mouth –unknowingly harming their smile and health.

Did you know that a missing tooth in the back can affect your smile so often, and so slowly that you hardly notice until it becomes a major problem – costing huge dollars and lots of time to fix? It could have been prevented.





**Call Now!** 

(805) 988-8985 or (818) 888-3750

#### **Are You Making This Mistake?**

Here is the mistake I don't want you to make: You say to yourself, "I can't see it, it doesn't hurt. I'll leave it like that." These are the words of the average, unknowing person who doesn't realize the serious and even life threatening affects that loss of a tooth can cause.

**Let's examine why:** Mother Nature designed your teeth to work together like one efficient unit, each tooth is designed to perform a certain function. When a member of the group is lost, more work is required of the remaining teeth. They suddenly take more beating than they were designed to bear.

The other teeth start to shift towards the hole left by the missing tooth. The teeth on either side will tilt into the space; the tooth above grows down.

### Gaps open up. Teeth shift!

Your smile changes for the worse.

Now your bite is thrown off, almost always causing what is known as a "destructive bite." Destructive bites can cause headaches, jaw joint pain that can be intolerable, broken teeth, and cause teeth to wear too fast.

In fact, "destructive bites" will double the age of your teeth in just a few years.

Have you ever seen someone with short front teeth? Chances are about 20 to 1 that the destructive bite is the cause.

Destructive bites ruin smiles. Destructive bites cause more tooth loss. Destructive bites help put more people into dentures. Don't let that happen to you.

Next time, we'll go into how your teeth can even shorten your lifespan and make you at a higher risk for other whole body diseases.



If you are suffering from missing, loose or painful teeth, you are not alone.

# ANACAPA DENTAL ART INSTITUTE®

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Get your smile back in one day! Call today!

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Woodland Hills: 818-294-7280